



SAFHIS
VOLUME 2/2025

THE PULSE

NEWSLETTER FOR SARAWAK FOREIGNERS HEALTH INFORMATION SYSTEM



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Welcome to **The Pulse**,

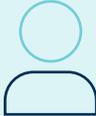
A quarterly newsletter to inform healthcare professionals on the Sarawak Foreigners Health Information System (SAFHIS). We are pleased to present the second edition of The Pulse – your dedicated source for the latest updates, insights, and developments on SAFHIS.

Latest in SAFHIS

In Quarter 2 (2025), SAFHIS continued to cement its role as Sarawak’s centralised platform for the management of Non-Sarawakians' medical records. With consistent adoption and growing engagement across medical facilities statewide, the focus this quarter has been structured onboarding, operational readiness, and robust compliance alignment across all SAFHIS Panel Medical Facilities.

From urban hubs to rural districts, SAFHIS now supports more than 141 medical facilities across Sarawak. These SAFHIS Panel Medical Facilities, in an expanding network, form the core of the state's digital health governance and play a vital role in the foreign worker health screening process, acting as a digital-first frontline for upholding public health integrity.

New panel facilities onboarded this quarter underwent structured, in-person training that focused on:

-  Understanding SAFHIS user responsibilities
-  Accurate data entry and Electronic Medical Record (EMR) management
-  Compliance with system usage protocol

This emphasis on clarity and consistency has set a high bar for SAFHIS Panel Medical Facility readiness from day one.

Policy Updates

In Quarter 2 (2025), SAFHIS reinforced several key policies and facility responsibilities to ensure system-wide governance and compliance:

●

Ownership and Custody



All patient medical records remain the property of the medical facility. These records must not be removed from the premises unless ordered by the court. If removed, copies must be retained, and originals returned after use. ^[1]

● ●

Documentation Standards



Entries in the patient’s record must be dated and authenticated by the attending medical professional and must comply with the requirements outlined in the Fourth Schedule under the Private Healthcare Facilities and Services (Private Medical Clinics or Private Dental Clinics) Regulations 2006. ^[1]

● ● ●

Platform Compliance



All medical screening data, including Electronic Medical Records (EMR), must be recorded and stored within SAFHIS. Facilities must ensure data is captured during official operating hours and only from within the registered premises. ^[2]

● ● ● ●

Retention & Transfer



Patient records must be retained for the legally mandated period. If a facility ceases operation or undergoes a change in ownership, proper procedures must be followed for the transfer or preservation of records, as directed by the Director General (MOH).

● ● ● ● ●

Diagnostic Results Handling



Radiological tests must be performed only on request from a registered medical practitioner. All findings should be interpreted by the respective X-ray Facility and entered on the SAFHIS platform.

These protocols ensure that SAFHIS continues to uphold the principles of transparency, traceability, and trust.

^[1]Private Healthcare Facilities and Services Act 1998 (Act 586). 27 Aug. 1998, www.google.com/url?sa=t&source=web&rct=j&opi=89978449&url=http://www.moh.gov.my/index.php/database_stores/attach_download/317/27&ved=2ahUKewjKxsDL6COAx3TGwGHWN0CD4QFn0ECBgQAQ&usq=AOvVaw0-UxzTQR5HzEZOK7RsncYR. Accessed 4 Aug. 2025.

^[2]National Archives Act 2003. 7 Aug. 2003, www.arkib.gov.my/images/akta-pekeliing-garis-panduan/Akta%20Arkib%20Negara%202003%20akta%20629%20-%20Versi%20Bahasa%20Inggeris.pdf. Accessed 4 Aug. 2025.

Technical Updates

Appointment booking in SAFHIS plays a central role in managing medical screening flows efficiently and transparently. Recent system enhancements introduced in Quarter 2 (2025), have refined how facilities interact with scheduled appointments – ensuring clarity, accountability, and timely action. These updates support the overall goal of aligning health screening logistics with operational best practices.

01



Understanding Appointment Booking

- All incoming appointments for medical screening will automatically appear in your SAFHIS account once scheduled by the employers.
- Each appointment record includes:
 - Worker’s name and details
 - Scheduled date and time

02



Facility Control & Timely Action

- Upon receiving an appointment, clinics must:
 - Accept if the time is suitable
 - Reschedule if unavailable
 - Reject only when necessary (e.g. public holiday or conflict)
- Prompt responses help prevent screening delays and support compliance with SAFHIS timelines.

03



Best Practices for Managing Appointments

- Log in regularly to check for new appointments.
- Notify SAFHIS Support Team or JKNS for changes to operation hours.
- Proactive appointment management improves coordination with employers and ensures smooth screening operations.

Dose Digest

The Science Behind The PURR

Cats don't just purr when they're happy – they also do it when stressed, in pain, or even to guide newborn kittens to warmth and food. These gentle vibrations, ranging from 25–150 Hz, aren't just soothing – they're therapeutic.^[3]



Research shows that certain purring frequencies can promote bone strength, speed up healing, and reduce inflammation. Some cats even use a special solicitation purr – a mix of low rumbles and high-pitched cries – to get our attention (and maybe an extra snack).^[4]

For humans, living with a cat can lower blood pressure, ease stress, improve sleep, and even cut the risk of heart disease by up to 40 per cent. Ancient cultures may have worshipped cats, but science now explains why – they've been tiny healers all along.^[5]

^[3]Dowling, S. (2018, July 25). The complicated truth about a cat's purr. Wwww.bbc.com. <https://www.bbc.com/future/article/20180724-the-complicated-truth-about-a-cats-purr>

^[4]McComb, K. (2009). The cry embedded within the purr. Current Biology, 19(13), R507-R508. <https://doi.org/10.1016/j.cub.2009.05.033>

^[5]Qureshi, A. I., Memon, M. Z., Vazquez, G., & Fareed, M. (2009). Cat ownership and the Risk of Fatal Cardiovascular Diseases. Results from the Second National Health and Nutrition Examination Study Mortality Follow-up Study. Journal of Vascular and Interventional Neurology, 2(1), 132. <https://pmc.ncbi.nlm.nih.gov/articles/PMC3317329>

Word Search

O	N	A	S	E	R	U	I	B	R	O	E	T	E
S	O	T	I	I	N	O	A	S	I	E	C	P	E
O	I	U	S	A	M	H	T	S	A	O	V	N	V
L	T	B	A	M	C	L	S	I	A	E	T	E	A
N	A	E	F	R	I	E	C	F	I	S	S	U	F
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R	E	I	A	I	N	R	G	S	N	E	I	S	T
I	C	S	S	D	A	E	T	Y	U	S	S	R	R
E	A	A	E	L	A	B	O	R	A	T	O	R	Y

- DISEASE
- UNFIT
- CERTIFICATION
- FEVER
- ASTHMA
- FIT
- TUBERCULOSIS
- XRAY
- SCREENING
- LABORATORY
- PNEUMONIA
- SAFHIS



Trivia Time!

Which organ in the human body can regenerate itself almost completely?

- A** Heart 
- B** Brain 
- C** Liver 
- D** Lungs 

Answer: C) Liver

The liver is the only internal organ that can regrow to its full size even after surgical removal or injury.

Riddle of the Week

It starts with feeling queasy, then the cramping pain begins.
 One side of the lower belly, that's where all the trouble spins.
 Young adults know it well enough, it strikes without much warning.
 What painful problem am I that hits from night till morning?

- A** Dysmenorrhea 
- B** Kidney Stones 
- C** Liver 

Think you know the answer?
 Find out in the next issue and see if you're right!



SAFHIS Activities

Training for Healthcare Professionals

SAFHIS is now collaborating with the Sarawak Technology Administration and Compliance (STAC) Training centre to launch a series of paid training programmes, which aims to reinforce platform usage, enhance EMR standards, and ensure compliance best practices for both new and seasoned panel medical facilities.



Recently, SAFHIS conducted its “Compliance and Proficiency Training” through STAC, marking a significant milestone in the rollout of the Advanced Labour & Immigration Aligned Network for Compliance (ALIANCE) ecosystem. The session gathered 16 participants from 10 medical facilities from Kuching, Kota Samarahan, Serian, and Sri Aman at Telang Usan Hotel, Kuching.

Moving Forward

As SAFHIS continues to expand, we thank every SAFHIS Panel Medical Facility, practitioner, and stakeholder for upholding the shared commitment to safer, smarter, and more standardised foreign worker healthcare. Let’s keep driving Sarawak’s digital health excellence, medical accuracy, and policy enforcement one medical screening at a time.



Best regards,
SAFHIS Specialist Squad
Every Screening Counts

System owned by The Sarawak Government 

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